



Global Airway Health Day **10/0²/20**

What is 02 Day?

A day devoted to help all people recognize and address hidden airway / breathing problems to transform their lives and realize their potential.

**Learn How You Can
Help Yourself and Others**

How We Breathe is How We Live

VISIT US NOW AT
www.globalo2day.org



#AirwayHealthBestDefense

Learn more about airway issues and your sleep at: www.airwayhealth.org
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